



**Introducing our Spring 2021  
8th Grade Intro to Rowing Program!**

May 4 through June 3 (5 weeks)

Tuesdays and Thursdays, 5:30pm to 7:30pm

\$120

Location: 515 Manchester Road, Auburn, NH  
Lake Massabesic at the public boat launch, behind the Severance Schoolhouse  
(close to the Massabesic rotary)

**Join us May 3 at 5:30pm at the lake for  
an informational meeting and demonstration.**

Register by clicking the iCrew button at [ManchesterRowing.com](http://ManchesterRowing.com)

Bring the following completed forms to the first practice. All forms can be found at  
[ManchesterRowing.com](http://ManchesterRowing.com).

- Swim test: print form from website. Take to a local facility and have a lifeguard sign once requirements are performed.
- Physical: from within the past two years. You may use any form provided by the doctor's office or the form provided on the website.
- Manchester Water Works waiver: print and sign
- Covid 19 Policy: print and sign

Questions? Email Tami at [ManchesterRowingAlliance@gmail.com](mailto:ManchesterRowingAlliance@gmail.com)

**COME ROW WITH US!**